



**YOU SAID**



**SO WE DID**



**WE ARE HERE TO SUPPORT  
YOU AND YOUR GROUP**

## CONTACT US

For more information on COVID training or any resources mentioned in this leaflet please contact your HSE Community Worker

# YOU SAID, WE DID

HSE Community Work  
supporting Meals on Wheels



## YOU SAID, WE DID

Over the last few years, the HSE Cork South and Cork North Community Work Departments have conducted two research studies on Meals on Wheels groups in Cork.

This research looked at what additional support Meals on Wheels groups needed to help improve and maintain their services.

Now we are implementing a range of actions to meet the needs that have been identified by Meals on Wheels groups in Cork City and County through the recent research.

We would like to take the opportunity to sincerely thank all the Meals on Wheels groups across Cork for their continued support to older adults in the community.

## THANK YOU!

## YOU SAID

### 01

Groups stated the need for support for recruiting and maintaining volunteers.

### 02

Groups expressed a concern for protecting volunteers and service users safety during the pandemic.

### 03

Groups expressed that it was difficult to access training due to time and financial constraints.

### 04

Groups expressed that it was challenging to meet health & safety, and Governance requirements.



## WE DID

### 01

In partnership with the Cork Volunteer Centre we are creating a Meals on Wheels specific volunteer recruitment pack, with useful advice on recruiting, supporting and retaining volunteers. This includes information on advertising for volunteers, advice on inducting new volunteers, how to best support volunteers and tips on Garda vetting, where necessary.

### 02

We have created a free ½ hour online training programme to equip groups with all the information they need to operate safely during the current pandemic.

### 03

We have been developing free on-line and in person trainings to support groups to further enhance their service delivery.

### 04

In addition to continuing to work with you Community Worker on governance, we are creating a suite of policy templates that you can access anytime. On completion of COVID training you can collect your COVID safety manual from your community worker.